

Picnic Picks



- ✓ **Easy to Eat Foods** – Premade sandwiches, cooked chicken, and premade salads are easy to pack in re-sealable containers and easy to serve. Avoid mayonnaise products whenever possible.
- ✓ **Drinks** – Water and natural fruit juices are better thirst quenchers than soda pop. Fill containers the night before and freeze. Use the frozen beverages to keep food cold in the cooler.
- ✓ **Ice** - Fill re-sealable plastic bags with ice cubes to keep food cold. When you unpack the food, use the cubes to keep drinks cool. Water the grass with the leftovers to lighten the load for the trip home.
- ✓ **Plates and Cups** – Paper plates or stackable re-useable plates are easy to store and pack. Consider using a divided plate to keep foods from sliding into each other when balanced on a hand.
- ✓ **Serving and Eating Utensils** –Toss a couple large serving spoons for side dishes and salads. Bring a knife to slice bread, rolls and sandwiches. Pack reusable (or disposable) silverware for each guest.
- ✓ **Paper Towels or Cloth Napkins** - Wiping sticky fingers on your clothes is never a good idea. Cloth napkins are a great eco-friendly option and add a touch of elegance to the event.
- ✓ **Sanitizing wipes or hand sanitizer** – Wipe hands before and after eating, especially if your picnic spot does not have running water.
- ✓ **Condiments** – Fill small reusable bottles with ketchup, mustard, vinegar and oils for a tasty addition to the main course.
- ✓ **Blanket** – Even if you are eating at a picnic table, a big blanket or sheet is a great hang out spot for the crowd.
- ✓ **Trash Bags** – Pack it in and pack it out is always the way to go with picnics.

- ✓ **Other Essentials** – Insect repellent and sunscreen might come in handy depending on your picnic spot.

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